



THE FRANCISCAN HERMITAGE

messenger

Summer/Fall 2019

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Website: www.HermitageIndy.org
Email: Hermitage@HermitageIndy.org
Email: LuLu@HermitageIndy.org



Dear Friends of the Hermitage:

You are a powerful spiritual being, and love makes the difference. This is the essence of Jesus' message to the whole world. - This same truth comes to us from Quantum Physics. Love is the very essence of who we are!

What we do, here at the Hermitage, is offer tools (like meditation) to help everyone experience this truth in daily life! Your life is full when you allow Love to flow thru you, and it's so easy. Pay attention to how good you feel when you smile at others, when you say a genuine and heartfelt "Thank You," when you feed your pet, when you help others, when you take time to listen, when you remember a Birthday...

In meditation you can tap into this Divine, Universal, Cosmic, Unconditional Love Energy and direct it to healing yourself and others, get direction for your life, find solutions to problems in your life and connect with all that is true and beautiful.

If you are really interested in activating Love in your life and knowing a truly FULL

LIFE, continue to keep meditating daily life so that you can radiate Love everywhere and always.

At present, I am reading *I You Are the Placebo* by Dr. Joe Dispenza and *Communion of Saints* (Talking to God and to Grandma) by Mary Grace. These books reinforce everything that we teach at the Hermitage. Our new CD *We Are One* reinforces the same truth of our connection with Divine Unconditional Love.

May our prayerful support of Love help you this Spring to radiate Unconditional Love the way Mother Nature does!

With sincere thanks for your presence in our mission here at the Hermitage,

The Hermitage is a 501-c3 Not-for-profit and your donations are greatly appreciated in any amount you choose.

You Are Love

Flowers bloom because
they must



Water streams are
singing

Birds fly by and rabbits rush
Nature is awakened.

Raindrops fall, grass arises,
Gentle breezes blow,
Brother sun and Sister moon
Radiate God's Graces!

Doing what God's Love intended
Makes a Perfect Plan
You and I are part of It
And we understand:

When we choose to radiate
Unconditional Love
Joy and Happiness abound
Right inside our hearts.

Life is meant to be great Joy
Even when it's hard
Be the catalyst that moves us all
In a Love Reality.

If you pay attention to
Mother Nature's call
You'll find happiness galore
Every time you breathe.

God is love and so are you
Let your little light shine!
Radiate this Cosmic Light
Then your life is FULL

Taking hold of every moment
Lighting up our world –
That's the plan that brings to you
Everlasting Life!

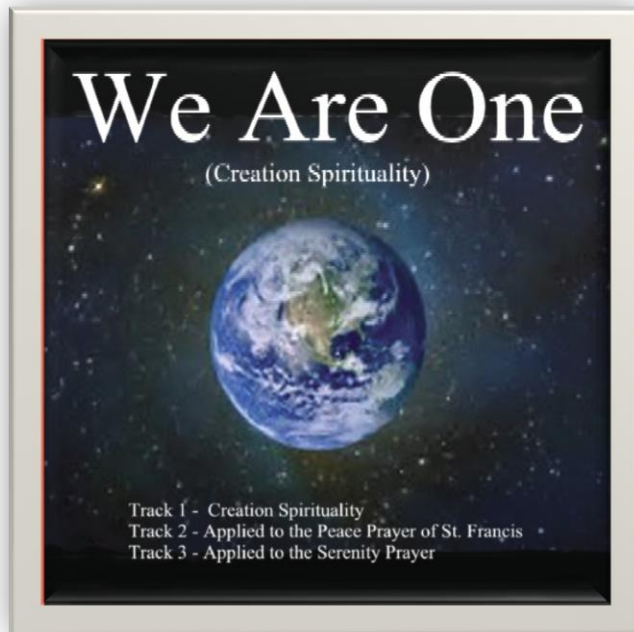
Justin

We Are One is the title of our New CD. It captures the essence of Franciscan Spirituality (the Creation Model).

Track 2 applies Creation Spirituality to the Peace Prayer of St. Francis.

The 3rd track applies Creation Spirituality to the Serenity Prayer. This CD captures the true Spirit of the Holiday Season. To order go to our website, or call LuLu at 317-545-0742 after 1:00 p.m. Monday thru Friday.

(CD's are one for \$15.00 or 3 for \$40.00 plus shipping.)



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Justin's Calendar

April 6-7 - Indy - Art of Listening Workshop
April 22 - May 3- Greece, Patmos, Italy
May 13 - 28 - Italy
May 31 - June 4 - Cleveland, Padua Reunion
June 8 - 9 - Indy - Silva Life System
July 20-21 - Omaha, SFR Workshop
July 29-Aug 5- Denver, Inter-Provincial Meeting
Aug. 16-18 - Indy - Silva Intuition System
Sept. 14-15 - Indy - Silva Life System
Sept 30 Cleveland, Padua Workshop
Oct. 4-14 - Vacation
Oct. 19-20 - Indy - SFR Workshop
Nov. 9- 10 - Indy - SFL Workshop

Regularly Scheduled Programs At The Hermitage

Every Tuesday Night 6:30-7:30 p.m.

HU, A SONG OF GOD, MEDITATION

Facilitated by: Allen Jackson
(All welcome - no charge)

Every Wednesday Night -7:00-8:00 p.m.

ENERGY CIRCLE MEDITATION GROUP

All welcome!! (Fee by Donation)
First half hour Introductions and Success
Stories,
Second half hour a Guided Meditation
Facilitated by: Silva Graduates

First Thursday of the Month 7:00-8:45 p.m.

ONENESS BLESSING and SHARING

Facilitated by: LuLu Kinnett and Dylan Bell,
Oneness Blessing Givers
All Welcome!! (Recommended Donation \$10.00.)

**Second Thursday of the Month
7:00-9:00 p.m.**

EMPOWERED HEART COHERENCE

Facilitated by: Ray Havlin, Certified
HeartMath Trainer and Mentor. In this Group
discussion you will learn what Heart

Coherence is and why it is so important. (All
Welcome - \$10.00 fee)

**Third Thursday of the Month
7:00-9:00 p.m.**

LAW OF ATTRACTION GROUP

Facilitated by: Beth Breeden
Esther Hicks YouTube shown, plus group
discussion.
(ALL Welcome - Fee \$10.00)

Every other Friday Night 7:00-8:00 p.m.

YOGA - 1ST Friday and 3rd Friday of the month.

A great class for Beginners with floor and
chair Yoga exercises.
Certified instructor Janet Monters-Phelps
(All Welcome - fee \$10.00)

Fourth Saturday of Month 10:30 a.m.-Noon.
(Date could change due to a Holiday)

SILVA GRAD SUPPORT GROUP Meeting

Facilitated by: A Silva Graduate and
Sponsored by: Kathy Peters, Silva Instructor
All Silva Graduate are welcome to attend this
meeting. (\$10.00 donation)

UPCOMING CLASS SCHEDULES

BEING THE CHANGE CLASS (a new class)

Taught by: George Clouser
Location: The Hermitage

Dates: Thursday Nights: April 11, 18, & 25

Times: 7:00-9:00 p.m.

Fee: \$60.00 for all three classes.

(Payable on the first evening of the class)

George will be covering the Obstacles and Tools
needed to open your life up to manifesting a much
more abundant life. The class is progressive, as
each week builds on the last. (RSVP to George at
morphious47@msm.com helpful, but not
required.)

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ART OF LISTENING WORKSHOP

A new workshop facilitated by
Justin Belitz, O.F.M.

(Second time this workshop is given at the Hermitage.)

Learn how to improve your relationships through Focused Listening, and discover how well you really listen.

Location: The Hermitage 3650 E. 46th St.
Indianapolis

Dates: Saturday, April 6th 2019
Sunday, April 7th, 2019
Times: 9:00 a.m. – 5:00 p.m. (both days)

Prepaid: \$175.00 if paid by April 1st, or a deposit of \$50.00 will hold your seat, and the balance can be paid at the door. Regular price \$200.00 - at the door.

Family Members and Seniors \$150.00 (Those retaking the workshop a donation of \$25.00 is appreciated.)

SILVA LIFE SYSTEM MEDITATION CLASS

Certified Instructors: Kathy Peters or Justin,
O.F.M.

Location: The Hermitage

Class dates and times:

Saturday, June, 8th - 9:00 a.m. - 6:00 p.m.

Sunday, June 9th - 9:00 a.m. - 6:00 p.m.

Investment: Prepaid \$375.00 on or by June 3rd. After June 3rd the cost is \$425.00 A \$100 deposit received by June 3rd will reserve your seat and qualify you for a \$50.00 discount, and enable us to order your Manual and Certificate in time for the class. (Family members and seniors \$325.00)

This is the best Meditation Workshop available today!!

Silva Graduates retaking the class must register with your ID number. A donation of \$30.00 is appreciated to help cover cost of class and handouts.

(Call LuLu at 317-545-0742 or email **LuLu@HermitageIndy.org** to reserve your space or more information or to pay by Credit Card)

SUCCESS: FULL RELATING WORKSHOP

Offered for the first time in OMAHA,
NEBRASKA

A workshop in Improvement of All
Relationships

Written and facilitated by Justin, O.F.M.

This workshop will help you to understand how you relate, give you **SEVEN** basic principles you can use to develop wholesome and satisfying relationships, and much more.

FREE AND OPEN TO THE PUBLIC

OPENING LECTURE: MONDAY, JULY 15TH

TIME: 7:00 P.M.- 8:00 P.M.

Location: AmericInn Hotel & Suites

Address: 9720 W. Dodge Road, Omaha, NE

WORKSHOP DATES AND TIME:

Saturday, July 20th and Sunday, July 21st 2019

9:00 a.m. – 5:00 p.m. both days

Cost: \$175.00 prepaid on or by Mon., July 15th

\$200.00 at the Door

Family and Seniors \$150.00

You must register to insure your seat and Manual.

A deposit of \$50.00 on or by July 15th will hold your seat, and qualify you for the \$25.00 discount.

To reserve your space please contact Karen at 402-672-2810 or email:

kpazmarx@gmial.com (To pay by credit card or any questions contact LuLu Kinnett at the Hermitage (317-545-0742) between 1:30 – 6:30 p.m., or to pay by check send to:

**The Hermitage 3650 E. 46th Street,
Indianapolis, IN 46205**

SILVA INTUITION SYSTEM CLASS

(A GRADUATE CLASS)

In this class you will learn to find life's purpose, establish a constant connection with Source Energy, enhance your Intuitive Ability, and much more.

Taught by Certified Instructors: Kathy Peters and Justin Belitz, O.F.M.

CLASS DATES AND TIMES:

August 16 – Friday Night - 7:00-9:00 p.m.

August 17 – Saturday – 9:00 a.m.-6:00 p.m.

August 18 – Sunday – 9:00 a.m.-6:00 p.m.

The Hermitage is a 501-c3 Not-for-profit and your donations are greatly appreciated in any amount you choose.

Prepaid: \$375.00 received on or before Mon., Aug. 12th (\$425.00 After Aug. 12th .)
A \$100.00 deposit received on or before Aug., 12th will reserve your seat and qualify you for the \$50. discount.

Questions - -contact LuLu Kinnett at 317-545-0742 or email:

LuLu@HermitageIndy.org

SILVA LIFE SYSTEM MEDITATION CLASS

Certified Instructor: Kathy Peters or Justin Belitz, OFM

This is the “best” Meditation Workshop available today!!

“People all over the world have learned how to live healthier, happier, more productive lives.”

Location: The Hermitage

Dates: Sat. & Sun. Sept. 14 & 15

Class times: 9:00 a.m. – 6:00 p.m. (both days)

Prepaid \$375.00 on or by Sept. 9th after Sept. 9th cost is \$425.00 A \$100.00 deposit will reserve your seat. Family members and seniors \$325.00.

SUCCESS: FULL RELATING WORKSHOP

Location: The Hermitage

Dates: Sat. & Sun. October 19 & 20, 2019

Times: 9:00 a.m. – 5:00 p.m. (both days)

Facilitated by: Justin Belitz, OFM

A Workshop to improve all Relations, and to help you to better understand how to relate, by giving you SEVEN basic principles you can use to develop wholesome and satisfying relationships, and much more.

Investment: Prepaid by Oct. 15th \$175.00

At the Door: \$200.00 Family and Seniors \$150.00

SUCCESS: FULL LIVING WORKSHOP

Location: The Hermitage

Facilitated by: Justin Belitz OFM

Dates: Sat. & Sun. November 9 & 10, 2019

Times: 9:00 a.m. – 5:00 p.m. (both days)

Investment: Prepaid by Nov. 5th \$175.00

Price at the door: \$200.00

Family or Seniors \$150.00

(Graduates must register. A donation of \$25.00 is appreciated to help cover cost and handouts.)

In this workshop you will learn how to set goals and how to achieve them, how to keep your attitude positive and much more. Justin has taught this workshop all over the world.

Professionals at the Hermitage

We have independent contractors with offices in the Hermitage House. There are four licensed clinical psychologists, two massage therapists, Two Reiki Masters, one guitar teacher, one Healing Touch and one Spiritual Director. For information please contact us at the Hermitage.

Statement of Purpose

The Franciscan Hermitage is an international, inter-faith, life center dedicated to the spiritual, physical, intellectual and professional growth and formation of persons of all persuasions and circumstances.

We offer a variety of workshops, lectures, classes and support groups, each designed to empower individuals on their journeys of faith and wholeness.

Persons involved with The Franciscan Hermitage are encouraged toward personal growth and development, so that by word and example, they might encourage others on their own journeys of growth and personal development.

Please Help If You Can

The Franciscan Hermitage is a tax-exempt, not-for-profit. We support ourselves with our program, publications, income from room rental, donations, wills and bequests. Please help us whenever and however you can. Many thanks and God bless!

Love and appreciation,



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